

42ND RUNNING OF THE ST. PAUL STRASSENLAUF

Home of the KIRCHENFEST

Where the fun is "in-tents"

Sponsored by Knights of Columbus Council 1580
MEDALLIONS MUST BE ACCEPTED DAY OF AWARDS CEREMONY



SCAN ME FOR MORE INFORMATION
stpaulkirchenfest.com
FULL SCHEDULE, PLACES TO STAY,
QUESTIONS, FESTIVAL MAP LINK TO
ONLINE REGISTRATION & MORE!



- 2K RUN**
12 and under
13 and over
- 5K RUN**
9 and under
10 - 14
15 - 19
20 - 24
25 - 29
30 - 34
35 - 39
40 - 44
45 - 49
50 - 54
55 - 59
60 - 64
65 - 69
70 and over
Wheelchair
- 10K RUN**
10 - 14
15 - 19
20 - 29
30 - 39
40 - 49
50 - 59
60 - 69
70 and over

DATE: Saturday August 23, 2025
LOCATION: Start & Finish at St. Paul Catholic Church Grounds, Ninth & Lemon Sts., Highland, IL
STARTING TIME: 5K & 10 K starts at 7:30 a.m. • 2 K Starts at 9:00 a.m. (Must be 10 yrs old to register for 10 K)
COURSE: To see details on course description please go online to: stpaulkirchenfest.com

SHIRTS: T-shirts are available to those Entrants signed up by August 8, 2025.
ENTRY FEES: \$25 for entries submitted through August 8; Entries August 9 and after are \$30. NO REFUNDS. Debit/credit card preferred payment. **Early Packet Pick-up Friday, Aug. 22, 5:00 p.m. - 8:00 p.m.** Day of Race Packet pick-up begins at 6:00 a.m. Make checks payable to "St. Paul Strassenlauf".
AWARDS: Top 3 overall male and female receive plaques for all races (2K, 5K, 10K). 2K - all participants 12 and under receive medals. Masters overall male and female receive plaques (5K, 10K). Custom-cast medallions given to the top three age group finishers (5K, 10K). 5K awards ceremony begins at 8:45 in the South tent followed by 10K and top 2K finishers.
REFRESHMENTS: Post-race refreshments will be available. Bavarian Skillet Breakfast available for purchase on Church Grounds from 7:30 - 10:00 a.m. Please stay & join the festivities.

Register online at stpaulkirchenfest.com

ENTRY FORM - PLEASE PRINT - PLEASE COMPLETE CAREFULLY FOR ACCURACY

Entry form available on-line at www.kirchenfest.com

NAME _____ PHONE _____
(First) (Middle I) (Last)
 ADDRESS _____ DATE OF BIRTH _____
 CITY _____ STATE _____ ZIP _____ MALE FEMALE
 Race Entered (ONE Only): 10K Run/Walk (15 min per mile pace required) 5K Run/Walk 5K Wheelchair 2K Run/Walk
 Shirt Size: Adult: S M L XL XXL Youth: M

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically sound and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release St. Paul Church, City of Highland, Knights of Columbus Council 1580, and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. **WEARING HEADPHONES IS STRONGLY DISCOURAGED FOR SAFETY. RACERS WITH DOGS ON A LEASH AND RUNNERS WITH STROLLERS MUST START AFTER ALL OTHER RACERS.**

E-MAIL ADDRESS: _____

FOR PRIVACY POLICY SEE WWW.KIRCHENFEST.COM

SIGNATURE: _____ DATE: _____

(Parent's signature If Under 18 Years of Age)

FOR FURTHER INFORMATION CONTACT:

BRIAN FRIEDERICH (618) 581-3192

OR register online at stpaulkirchenfest.com

MAKE CHECKS PAYABLE TO: St. Paul Strassenlauf

Mail to: St Paul Strassenlauf, 1411 Main St, Highland, IL 62249